

How to make a Apple Music playlist on desktop

Research has shown there are evidenced emotional, psychological, social and communication benefits to playing personalised music with people living with dementia.

Often families or loved ones don't know how to get on to the right platform to create a playlist, nor do they know how to have a conversation with their loved one about what music they would like on it.

Music for Dementia has produced this series of guides to help you access the music you love.

Please note: Apple Music is a paid for service and even a free trial requires you to enter payment card details. The free trial lasts 90 days and you will be required to have an apple id for both options.

1.



Download and open iTunes

If you don't already have iTunes, visit:

<https://www.apple.com/uk/itunes/download/>

2.



Login

Click the account tab at the top of the screen and click Sign in... then enter your email and password.

3.



Find songs

Search iTunes using the search bar at the top right-hand side. Type in a song you wish to add and hover the mouse over it so a button with three dots appears to the right of the song title.

4.



Add to playlist

Click on the button and select the **Add to playlist** option followed by **New Playlist**.

5.



Rename your playlist

Click the name to change the title and click the image to add a personal one.

6.



Find more songs

Continue to add to your playlist by browsing your library or the Apple Music catalogue or use the search bar to find the song you want.

7.



To remove songs

To locate your playlist, click **Library** just below the apple icon.

To remove songs from your playlist, click on the 3 dots to the right hand side of the song name and click **Remove from playlist**.

Now get ready to dust off your air guitar!

How to make a Apple Music playlist on mobile

For people living with dementia, music isn't a nicety, it's a necessity.

Music for Dementia is working to make music free for people living with dementia.

Our website provides a range of guides, information and resources for people living with dementia and their families and carers.

www.musicfordementia.org.uk

1.



Open Music app

This will be pre-loaded onto Apple devices. If your device is not made by Apple see the Android instructions below.

2.



Search for music

In the **Music** app select the search icon at the bottom of the screen and type in the name of a song you want to add.

3.



Add songs to playlist

Once you have found a song press and keep your finger down until a menu pops up then tap "**Add to Playlist**" followed by **New Playlist**.

4.



Name your playlist

You can also add a description and cover image.

5.



Add more songs

Tap the search icon again and type in the name of the song you're after. Tap and hold on the name of the song and select **Add to playlist**.

6.



Finished

When you're finished adding songs, tap **Done**.