

Template for recording music needs and comments for care plans

Use and adapt this template to be a routine part of your strengths-based assessment for developing a care plan

Prompt on music	Response of person	Comment by social worker / link worker / other
Tell me about you and music		
How important is music to you and why?		
What kind of music do you enjoy most and why?		
What kind of music do you dislike and why?		
What sort of music 'gets you going' and why?		
What sort of music helps you feel relaxed and why?		
What sort of music bring back memories for you and why?		
What kind of music and musicians do you like to listen to and why?		
What 'music era or decade' do you most identify with e.g. the 40s, 50s, 60s, 70s, 80s, 90s, 00s, 10s and why?		
What sort of music activities did you used to do that you would like to do again?		
What kind of music activities have you never tried but would like to?		

When throughout the day do you like listening to music?		
What kinds of music do you like at different times of the day?		
Do you like to have your favourite music playing gently in the background where you are living?		
Do you like to have silence throughout your day? If so, when?		
How do you like experiencing music – listening, singing, playing?		
Would you like to learn an instrument?		
Do you like dancing, moving or exercising to music?		
Do you like singing along with others as part of a choir or group?		
Do you like going to live music performances?		
Do you like watching musical films and do you have any favourites?		
How do you like listening to music – via the radio, using CDs on a CD player, through headphones and a smart phone/ device, attending live performances?		
Who do you like to experience music with?		
Anything else about you and music?		

Any feedback on using this template and conducting strengths-based music assessments would be much appreciated. Please email info@musicfordementia.org.uk